

The Walk Day by day



Day 1

Start: Friday 1st May 2009, 07h00.

Location - Wallsend, Segedunum Roman Fort, Baths & Museum.

First break:

- Distance – 14.5km (9.06miles).
- Camp, Fawberry Rd.

Lunch:

- Distance – 12.36km (7.73miles).
- Location – Town Gate, The Swan at Heddon (Britain's prettiest pub).

Afternoon Tea:

- Distance – 9.10km (5.69miles).
- Location – Robin Hood Inn (pub).

Finish:

- Distance – 14.19km (8.87miles).
- Location – Swallow George Hotel, Chollerford.

Total Distance – 50.16km (31.35miles)

Day 2

Start: Saturday 2nd May 2009, 08h00.

Location - Swallow George Hotel, Chollerford.

First Break:

- Distance – 6.99km (4.37miles).
- Location – Brocolitia Roman Fort (car park).

Lunch:

- Distance – 12.99km (8.12miles).
- Details of Location – Steel Rigs (car park)

Finish:

- Distance – 6.91km (4.32miles).
- Location – Walltown's Quarry.

Total distance – 26.89km (16.81miles)

Day 3

Start: Sunday 3rd May 2009, 08h00.
Location – Walltown's Quarry.

First Break:

- Distance - 8km (5miles).
- Location – Birdoswold Roman Fort (car park).

Lunch:

- Distance – 16km (10miles).
- Location – Newtown (Path crosses from the right, car park on the right).

Afternoon Tea:

- Distance – 7.39km (4.62miles)
- Location – Stag Inn (pub), Crosby-on-Eden, Carlisle.

Finish:

- Distance – 8.08km (5.05miles)
- Location – Mayor's Drive, Steeppoint Sports Castle.

Total distance – 39.47km (24.67miles)

Day 4

Start: Monday 4th May 2009, 08h00.
Location - Mayor's Drive, Steeppoint Sports Castle.

Final Break:

- Distance – 9.87km (6.17miles).
- Location – The Greyhound Inn (Burg by the Sands).
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Finish line:

- Distance – 11.2km (7miles).
- Location – Bowness-on-Solway.

Total distance – 21.07km (13.17miles)